



Food Project Farm Internship August 12 – November 15, 2019

Growing Gardens' mission is to enrich the lives of our community through sustainable urban agriculture. We envision people experiencing a direct and deep connection with plants, the land and each other. Growing Gardens unites the Boulder County community through urban agriculture projects, such as: The Cultiva Youth Project (Ages 12 – 19), The Children's Peace Garden (Ages 3 – 11), Community Classes, the Community Gardens, the Growing Gardens Food Project, and the Longmont Food Project Farm (a joint project with the YMCA Boulder Valley).

The focus of this internship will be to support production and programming for the Food Project Farm, a one-acre garden and educational site located in Longmont. Situated in the middle of a USDA food desert, produce from the farm is principally donated to local food banks and distributed to low income families in the community. It is also the goal of the Food Project Farm to educate local youth about garden ecology and sustainable food growing practices through farm-based environmental educational programming.

The Food Project Farm Internship requires a great deal of hard work, focus, and care. It is also deeply rewarding.

Farm Intern Duties

Assist the farmer in all aspects of farm operation:

- Seeding, transplanting, thinning, and fertilizing in the fields
- Cultivation and weeding techniques
- Organic pest and disease management
- Cover cropping and fertility management
- Assist, teach, and oversee volunteers and groups of volunteers with field-related tasks
- Assist in farm-based programming to teen service-learning groups and after-school programming
- Assist with produce donations to community partners.
- Infrastructure development and site maintenance
- Operation and maintenance of tools and equipment
- Installation and operation of irrigation systems
- Greenhouse management and season extension
- Harvesting, washing, and packing of crops for donation
- Winterizing the farm
- Assist with tracking and logging produce weights for donation program.
- Lead community groups on experiential tours of the farm site.
- Positively interact with the public during community events.

Knowledge and Skills the Intern May Acquire:

- Small scale organic vegetable production techniques
- Growing season extension techniques
- Experience operating and maintaining tools and equipment

- Ability to lead diverse populations of volunteers in hands-on activities
- Exposure to the operations of a non-profit, community-based organization.
- Experience assisting in farm-based educational programming for children and teens

Structure of Internship

- Internship duration is August 12 – November 15, 2019
- Intern position is 20 hours per week.
- *Note: hours may vary between weeks; however the average number of hours per week will be 20 hours.
- Intern will attend a mandatory internship orientation meeting on August 12.
- Some weekend watering and event shifts will be required
- Intern will work closely with a mentor from Growing Gardens’ staff who will oversee daily activities.
- Interns will have the opportunity to shadow Growing Gardens’ learn about the operation of the non-profit organization.

Benefits of Interning with Growing Gardens

- Experience working on, and managing, a small-scale organic farm
- Hands-on experience making a positive impact in the lives of children, teens, and adults.
- Community connections and networking within the local food movement.
- Friendly, relaxed environment.
- Develop marketable leadership and management skills.
- Classroom training offered through Growing Gardens classes.
- Access to a wide variety of organic seeds and plant starts.
- Opportunity to garden in our intern raised bed at the Food Project Farm.
- Fresh vegetables from the garden as the season permits.
- \$550 stipend upon completion of the internship.

Qualifications

We are looking for individuals who are passionate about learning how to grow food and develop community. Applicants must be CPR and First Aid certified by August 12, 2019. The Farm Intern must be responsible, dedicated and organized. Spanish language skills are a plus. While some growing experience is desired, it is not required for this position. This experience is a great opportunity for someone interested in a job in horticulture, farming, or community organizing.

To apply:

Applications are due July 1, 2019 but will remain open until filled.

Email your application, cover letter, and resume to Lex@growinggardens.org with your name and “FPF Internship” in the subject.