



**Organic Farming Internship**  
**Summer Season 2019**  
**May 13 – August 16**

Growing Gardens' mission is to enrich the lives of our community through sustainable urban agriculture. We envision people experiencing a direct and deep connection with plants, the land and each other. Growing Gardens unites the Boulder County community through urban agriculture projects, such as: The Cultiva Youth Project (Ages 12 – 19), The Children's Peace Garden (Ages 3 – 11), Community Classes, Growing Gardens Food Project, the Community Gardens (General Public), and our Community Orchard.

The focus of this internship will be to support production for the Cultiva CSA Farm, a two-acre certified organic vegetable farm. Produce from the farm is principally sold through our on-site Community Supported Agriculture (CSA) program. We also manage a small number of wholesale accounts and donate a significant portion of our harvest to those in need in our community.

The Organic Farming Intern will report to the Boulder CSA Farm Manager and work extensively with the Cultiva participants and must have both the ability and desire to engage with, and mentor, young people. The Farm Internship is fast paced and requires a great deal of hard work, focus, and care. It is also deeply rewarding.

**Farm Intern Duties**

- Assist the farmer in all aspects of farm operation:
  - Operation and maintenance of tools and equipment.
  - Installation and operation of irrigation systems.
  - Seeding, transplanting, thinning, and fertilizing seedlings.
  - Cultivation and weeding.
  - Pest and disease management.
  - Harvesting, washing, and packing of crops for CSA and wholesale accounts.
  - Cover cropping
  - Maintenance of grounds and site infrastructure.
- Mentor and teach teens in the Cultiva Youth Project and work closely with youth leaders to support them in their roles.
- Prepare and weigh produce to be donated to our organization partners, and keep record of donation amounts.
- Compile and update records for organic certification.

- Assist, teach, and oversee volunteers and groups of volunteers with greenhouse and field-related tasks.
- Assisting with Growing Gardens events and farm dinners (this requires some weekend and evening hours).
- Lead tours of the Growing Gardens site to groups and individual volunteers.

### **Knowledge and Skills the Intern May Acquire:**

- Small scale organic vegetable production techniques including:
  - Soil health
  - Irrigation systems planning, implementation, and maintenance
  - Direct seeding and transplanting practices
  - Pest management
  - Harvest and post-harvest techniques
- Prep and processing techniques for weekly CSA pickups.
- Experience operating and maintaining tools and equipment.
- Management and leadership experience working with diverse populations.
- Experience working farm dinners and other events.
- Exposure to the operations of a non-profit, community-based organization.

### **Structure of Internship**

- Internship duration is May 13 – August 16, 2019
- Intern must attend mandatory orientation May 13<sup>th</sup> and 14<sup>th</sup>, 2019.
- Intern position is 15 hours per week. These hours will be spread out over two days each week.
- One of these days must be a Tuesday or Wednesday from 7AM-3PM.
- Each Intern is supported by a Mentor and Supervisor
- Mentor oversees daily activities and supports each Intern's growth during weekly meetings throughout the duration of the contract

### **Benefits of Interning with Growing Gardens**

- Experience working on, and managing, a diversified vegetable operation.
- Hands-on experience making a positive impact in the lives of children, teens, and adults.
- Community connections and networking within the burgeoning local food movement.
- Friendly, relaxed environment.
- Develop marketable teaching, leadership, and management skills.
- Additional training offered through Growing Gardens classes, workshops, and staff shadowing
- Opportunity to garden in the intern community garden plot at the Hawthorn Garden site.
- Fresh vegetables from the garden as the season permits. This benefit has the value of \$20-\$35 per week depending on the time of year.
- Site is centrally located and easily accessed via public transportation.
- This internship qualifies for school credit.

## **Qualifications**

We are looking for individuals who are passionate about learning how to grow food and develop community. Applicants must be CPR and First Aid certified by May 13, 2019. Growing Gardens depends on the plants and food produced in the greenhouse and fields to sustain our programs. The Farm Intern must be responsible, dedicated and organized. While some growing experience is desired, it is not required for this position. This experience is a great opportunity for someone interested in a job in horticulture, farming, or community organizing.

### **To apply:**

**Applications due February 15, 2019 but position will remain open until filled.**

**Send cover letter, completed application and resume to Sarah Kell:**

**[sarah@growinggardens.org](mailto:sarah@growinggardens.org)**